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TITLE: Penile massage composition, containing a transdermal blood supply improver, e.g. a salicylate, and a skin moisturizing agent, e.g. vegetable oil or glycerin, use to enlarge penis and provide stronger erection

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This invention relates to a massage composition and more particularly to a penile massage composition. The invention also relates to the use of a penile massage composition for massaging the penis to improve blood circulation in the penis. It is believed that improved blood circulation in the penis may result in permanent enlargement of the penis and/or stronger erections.

According to the present invention there is provided a penile massage composition comprising an admixture of a skin moisturising agent; and a transdermally administrable agent for improving blood supply to the region of application.

The massage composition may comprise a liquid.

The skin moisturising agent may comprise a liquid and may comprise any suitable skin moisturising lotion. Preferably the skin moisturising liquid includes an oil absorbable by the skin to moisturise the skin. The oil may comprise a mineral oil, such as the oil being used in aqueous creams. The skin moisturising liquid may also include an oil such as a vegetable oil. The vegetable oil may comprise coconut oil.

The massage composition may also include a skin lubricant. The lubricant

may comprise oil provided in the skin moisturising liquid. Preferably however, the massage composition may include glycerine as a skin lubricant. It will be appreciated that the skin lubricant enhances a massage action.

The massage composition may include water.

The transdermally administrable agent for improving blood supply may be present in a concentration from about 0,1% to about 2,5% by volume of the total volume of the composition. Preferably it is present in a concentration from about 0,75% to about 1,5% by volume of the total volume of the massage composition. In a preferred embodiment of the invention the concentration is about 1% by volume of the total volume of the massage composition.

The transdermally administrable agent for improving blood supply may comprise a salicylate. In one embodiment of the invention it comprises methyl salicylate.

The massage composition may also include a transdermally administrable agent for treating damaged tissue or blood vessels which may become damaged during the massage process. The massage composition may include vitamin E and the vitamin E may be present in a concentration from about 0,05% to

about 5% by volume of the total volume of the composition. Preferably it is present in a concentration from about 0,1% to about 1% by volume of the total volume of the massage composition. In a preferred embodiment of the invention the concentration is about 0,5% by volume of the total volume of the massage composition.

In one embodiment of the invention the penile massaging composition comprises an admixture of aqueous cream; vegetable oil; glycerine and methyl salicylate. Preferably it also includes vitamin E.

According to another aspect of the invention there is provided a penile massage composition comprising an admixture of a skin moisturising liquid; and a transdermally administrable salicylate. Preferably the salicylate comprises methyl salicylate.

The invention also relates to a massage composition substantially as described hereinabove for use in a method improving blood supply to a penis. The composition may be used to permanently increase the size of a penis. Alternatively it may be used to provide stronger penile erections. Stronger penile erections may comprise harder erections or erections for a longer period of time.

According to another aspect of the present invention there is provided a method of massaging a penis comprising the steps of:

- applying the massage composition substantially as described hereinabove to the penis; and
- thereafter massaging the penis.

The method may improve the blood supply to the penis.

The massaging may include the step of applying pressure to the penis to force blood towards the glans penis. Preferably the step is carried out repeatedly and preferably it is carried out manually. This step may be carried by gripping the penis by hand at the base and sliding the hand towards the glans penis.

The massaging may also include the step of applying pressure to the penis to force blood from the glans penis towards the base of the penis. Preferably the step is carried out repeatedly and preferably it is carried out manually. This step may be carried out by manually gripping the penis in a fist grip towards the glans and then increasing finger pressure consecutively from the glans penis towards the base.

The massaging may also include the step of first forcing blood towards the glans penis and directly thereafter forcing blood back towards the base of the penis. Preferably the step is carried out repeatedly and preferably it is carried out manually. The step may be carried out by manually gripping the penis at the base and sliding the grip along the penis towards the glans and thereafter sliding the grip back towards the base.

Preferably the method includes all the above steps.

The method may be carried out to permanently increase the size of a penis.

Alternatively it may be carried out to provide stronger penile erection.

If enlargement of the penis is sought then the method may also include the step of applying force to the penis to stretch it. In one embodiment weight may be secured to the penis. Preferably this step is carried out prior to massaging of the penis.

The invention will now be further described by means of the following non-limiting example.

### Example

A penile massage composition was prepared by mixing the following ingredients (the percentages indicate percentages by volume of the total volume of the massage composition):

<u>Ingredients</u>	<u>Amount</u>
1. Aqueous Cream	64,5%
2. Water	30%
3. Johnsons Baby Oil	2%
4. Glycerine	2%
5. Vitamin E concentrate	0,5%
6. Methyl salicylate	1%

In use a penis may be massaged by carrying out three steps, starting with step 1 and continuing up to step 3. Before the steps are carried out the massage composition is applied to the penis.

#### Step 1

Grip the penis towards the base thereof in an enclosing grip with the index



finger and thumb extending about the penis. Then slide the said index finger and thumb along the penis towards the glans and stop behind the glans to force blood towards the glans. The process must be repeated.

The penis may be in a semi erect or flaccid state when this step is carried out.

Both hands can be used to create a continuous action.

Once step 1 can be carried without discomfort step 2 should be started.

### Step 2

The penis should be in a semi-erect state. Grip the penis in a first grip in one hand with the thumb resting on the glans. Exercise pressure with the thumb and thereafter with the index finger while pressure is maintained by the thumb. Thereafter pressure is exercised one by one by the other fingers to force blood towards the base of the penis. The process must be carried out repeatedly.

The next step is step 3

### Step 3

The penis should be in a semi erect or flaccid state. Grip the penis between both the thumbs and index fingers of both hands. Slide the fingers from the base to the glans and back thereby forcing blood towards the glans and then back towards the base. This process must be carried out repeatedly.

It is believed that the process will improve blood supply to the penis. It is believed that improved blood supply may permanently increase the size of the penis and/or stronger penile erections. If enlargement of the penis is sought, force may be applied to the penis to stretch it. This may be achieved by  
5 securing a weight to the penis and hanging it therefrom. This process is preferably carried out before steps 1 to 3 above are carried out.

It will be appreciated that many variations in detail are possible without thereby departing from the scope or spirit of the invention.

## CLAIMS

1. A penile massage composition comprising an admixture of a skin  
moisturising agent and a transdermally administrable agent for improving  
5 blood supply to the region of application.
2. The composition of claim 1 which comprises a liquid.
3. The composition of either one of claims 1 or 2 wherein the moisturising  
10 agent comprises a liquid in the form of an oil absorbable by the skin to  
moisturise the skin.
4. The composition of claim 3 wherein the oil comprises a mineral oil.
- 15 5. The composition of claim 4 which also includes a vegetable oil.
6. The composition of claim 5 wherein the vegetable oil comprises coconut  
oil.
- 20 7. The composition of any one of the preceding claims which includes a skin  
lubricant.

8. The composition of claim 3 wherein the oil also serves as a skin lubricant.
9. The composition of claim 7 which includes glycerine as a skin lubricant.
- 5
10. The composition of any one of the preceding claims which includes water.
11. The composition of any one of the preceding claims wherein the  
transdermally administrable agent for improving blood supply is present  
10 in a concentration from about 0,1% to about 2,5% by volume of the total  
volume of the composition.
12. The composition of claim 11 wherein the concentration is from about  
0,75% to about 1,5% by volume of the total volume of the massage  
15 composition.
13. The composition of claim 12 wherein the concentration is about 1% by  
volume of the total volume of the massage composition.
- 20 14. The composition of any one of the preceding claims wherein the  
transdermally administrable agent for improving blood supply comprises

a salicylate.

15. The composition of claim 14 wherein the salicylate comprises methyl salicylate.

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16. The composition of any one of the preceding claims which includes vitamin E.

10 17. The composition of claim 16 wherein the vitamin E is present in a concentration from about 0,05 to about 5% by volume of the total volume of the composition.

15 18. The composition of claim 17 wherein the vitamin E is present in a concentration from about 0,1% to about 1% by volume of the total volume of the massage composition.

20 19. The composition of claim 18 wherein the vitamin E is present in a concentration of about 0,5% by volume of the total volume of the massage composition.

20. The composition of claim 1 which comprises an admixture of aqueous

cream; vegetable oil; glycerine and methyl salicylate.

21. The composition of claim 20 which includes vitamin E.

5 22. A penile massage composition comprising an admixture of a skin  
moisturising liquid; and a transdermally administrable salicylate.

23. The composition of claim 22 wherein the salicylate comprises methyl  
salicylate.

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24. The composition of claim 22 wherein the skin moisturising liquid  
comprises aqueous cream.

25. A massage composition substantially as herein described in the  
15 accompanying example.

26. The use of a composition of any one of the preceding claims in a method  
improving blood supply to the penis.

20 27. The use of a composition of any one of claims 1 to 25 in a method of  
increasing the size of a penis.

28. The use of a composition of any one of claims 1 to 25 in a method of providing stronger penile erection.

5 29. A method of massaging a penis comprising the steps of

- applying a massage composition of any one of claims 1 to 25 to the penis; and
- thereafter massaging the penis.

10 30. The method of claim 29 wherein the massaging includes the step of applying pressure to the penis to force blood towards the glans penis.

31. The method of claim 29 wherein said step is carried out repeatedly.

15 32. The method of either one of claims 30 or 31 wherein said step is carried out by gripping the penis by hand at the base and sliding the hand towards the glans penis.

20 33. The method of any one of claims 29 to 32 wherein the massaging includes the step of applying pressure to the penis to force blood from the glans penis towards the base of the penis.

34. The method of claim 33 wherein said step is carried out repeatedly.
35. The method of either one of claims 33 or 34 wherein said step is carried  
5 out by manually gripping the penis in a fist grip towards the glans and  
then increasing finger pressure consecutively from the glans penis towards  
the base.
36. The method of any one of claims 29 to 35 which includes the step of first  
10 forcing blood towards the glans penis and directly thereafter forcing blood  
back towards the base of the penis.
37. The method of claim 36 wherein said step is carried out repeatedly.
- 15
38. The method of claim 37 wherein said step is carried out by manually  
gripping the penis at the base and sliding the grip along the penis towards  
the glans and thereafter sliding the grip back towards the base of the penis.
- 20 39. The method of any one of claims 29 to 38 which includes a further step  
of applying force to the penis to stretch it.



40. A method of massaging a penis substantially as described in the accompanying example.

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Dated this 18 day of August 1999

Patent Attorney/Agent for the Applicant